

SOUTHERN

Collegiate

Leadership Conference

2019

Emotionally  Intelligent

LEADERSHIP



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Schedule of Events

8:30 AM	Check-In
9:00 AM	Conference Welcome and Breakfast
9:10 AM	Leadership Keynote Address <i>Chris Esparza (Russell Union Ballroom)</i>
10:15 AM	Workshop Sessions 1
11:15 AM	Workshop Sessions 2
12:15 PM	Lunch and Leadership Keynote Address <i>Dr. Todd Deal (Russell Union Ballroom)</i>
2:00 PM	Workshop Sessions 3
3:00 PM	Workshop Sessions 4
4:00 PM	Conference Closing Session/Organization Sign-In <i>Russell Union Theatre</i>



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Keynote Speakers



Chris currently serves as the Director for Diversity, Inclusion, and Leadership Development at the University of Oregon's School of Law. Prior to this role he served as the associate director for their leadership center. Chris often infuses principles from his improvisational theater background into leadership training, and his work integrates his experience with leadership development, group facilitation, diversity and inclusion, and applied psychology. Chris is constantly striving to embody

his own vision: A world that plays together—learning and growing in ways that incite shared laughter, curiosity, flow, synergy, and the co-creation of something better. His interactive keynote address will bring emotional intelligence to life through applied improvisation.



Dr. Todd Deal is Professor and Executive Director, Emeritus, having retired from Georgia Southern in 2018 to take on a new challenge as Senior Faculty and Higher Education Practice Lead at the Center for Creative Leadership, a global leadership development organization based in Greensboro, NC. On this new adventure, Dr. Deal leads a dynamic team of professionals who work across the spectrum of North American higher ed to co-create leadership development initiatives for college students, faculty, staff, and university executives. In addition, Todd is founder, owner, and Chief Learning Officer of TDLearning, Inc., a leader development and leadership education company dedicated to engaging corporate, nonprofit, governmental, and educational clients to catalyze leadership

innovation. Dr. Deal and his wife Karen are parents to two amazing young women, Abbie, who is a GS alumna working as graphic designer in Atlanta, and Anna, who is a 4th year Biochemistry student at Georgia Tech. Maggie, the dachshund, hangs out at the Deal house, sleeps a lot, and steals all of the attention.

Escape Games

Southern Walkers: An Escape Adventure

Room 2048 and Room 2084

You and your team of conference goers are the last among the living in the Southeastern United States, and the only hope for the world as a fast spreading outbreak consumes humankind. This experience, designed by leadership educators, will allow you to explore leadership competencies that are valuable for student leaders. Escape games will occur during each workshop session in the rooms listed above.

Workshop Sessions 10:15 – 11:05

Emotional Intelligently Leading the Job Search:

Navigating the Best Fit

Room 2041

Asia Anderson, Oglethorpe University

Generation Z looks at the job search process in a new, refreshing way. There are multiple factors that weigh into choosing the right fit in your first career. Navigating the job search process is already a stressful process and opting to take an emotionally intelligent approach to choose the best fit can help. During this presentation, using emotional intelligence in the job search process will be explored in an interactive workshop to learn tactics to navigate interviewing and job acceptance processes. Students will walk away with tangible resources with interviewing strategies and job search chart created by Jesse Downs.

Identifying Mental Health Issues on Campus by Breaking the Stigma as Student Leaders

Room 2047

Damika Howard-Wayne, Coordinator of Employer Relations, Georgia Southern University
Pamela Goodman, Georgia Southern University

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. Let's talk strategy by using the 5 main characteristics from emotional Intelligence on how we can be more equipped to handle a conversation about mental health and demonstrate personal accountability for breaking the STIGMA of what someone with depression, anxiety or addiction looks like.

A New Paradigm for Leadership: Leadership that Works!

Room 2080

Todd Deal, President & Chief Learning Officer, TDLearning, Inc.

Join us and learn to look at leadership through a new lens - not the lens of leader or of follower, but the lens of making things happen! We will practice together and learn to refocus our leadership on achieving results. You will leave with a fresh view of leadership and tools to enhance the practice of leadership in your student organization, your group project team, your community organization, and more!

Workshop Sessions: 11:15 - 12:05

Building Cross-Cultural Relationships

Room 2041

Tahseen Kazi, Assistant Professor, POINTS, Georgia Southern University

Even in the face of increasing trade wars between the world's great powers, demands for keen cultural understanding in 21st century work-life are already high and only expected to grow. Language barriers, nonverbal communication differences, diverging communication styles, unpredictable behavior, and diverging values can derail the best uni-culturally laid plans. This workshop details some of the organizational, planning, and management challenges – as well as their emotional expressions – that occur in cross-cultural work environments.

Increasing Leadership Effectiveness through Emotional Intelligence

Room 2047

To'Meisha Edwards, Georgia Southern University

Effective leadership is dependent upon a leader's ability to influence the behavior of others through social interactions in order to optimize performance outcomes. Thus, it is critical that leaders develop their emotional intelligence skills. Leaders with emotional intelligence are better equipped when transitioning into the workplace and possess a competitive advantage for career advancement. This workshop will provide an overview of an emotional intelligence framework. Specifically, the workshop will highlight five key aspects of emotional intelligence and ways to bolster these skills to be a more effective leader.

Poetry and Empathy: How Creative Writing Helps us Connect with Ourselves, Others and the World

Room 2080

Claire Nelson, Georgia Southern University

Poetry provides us with a different way of seeing the world, a way of conceptualizing the complexities and chaos of our environments. Poets use creative, empathetic thinking to take unwieldy concepts and make them manageable, understandable, even beautiful. In this workshop, students will be introduced to narrative poetry, study how poets conceptualize problems, then create a narrative poem of their own. This workshop will allow future leaders to practice empathetic thinking, creative problem solving, and help them better understand themselves, each other, and the world.



Southern Walkers:

An Escape Adventure

Room 2048 and Room 2084

Workshop Sessions: 2:00 - 2:50

The Golden Rule of Leadership

Room 2041

Michael Tanner, Founder & Coach at Credible Leadership Group, CredibleLeaders.com
The Golden Rule of Leadership is the single principle that will equip any leader to navigate the most difficult of situations and influence others as an effective leader. This foolproof principle has created championship athletic teams, the greatest military in history, and globally recognized corporate brands. Using riveting, real world leadership stories, Michael will explain the Golden Rule of Leadership and convince each attendee of its importance in leadership. Bring your own real world leadership scenarios and let Michael show you how to apply the Golden Rule in this interactive workshop session.

Performing Under Pressure

Room 2047

Rebecca Smith, Assistant Director – Armstrong Counseling Center, Georgia Southern University

This presentation will provide attendees knowledge on how to recognize how stress and/or anxiety affects both the mind and body. They will also be able to identify how that affects their performance, especially under pressure. Different techniques will be provided to better manage stress and/or anxiety in leadership roles that include meeting deadlines, presenting in front of others, and leading a group project.

Using Emotions and Leadership to Solve Problems

Room 2080

Theresa Duggar, Georgia Southern University
To'Meisha Edwards, Georgia Southern University

Employers are looking to hire candidates who can think creatively. Creative thinking involves finding novel solutions to problems. In emotional intelligence, this quality is referred to as problem solving. This workshop will provide an overview of the important skill sets employers desire with an in-depth look at problem solving and how it can work to enhance leadership and performance.



Southern Walkers:

An Escape Adventure

Room 2048 and Room 2084

Workshop Sessions: 3:00 - 3:50

Lead by Example:

A Framework for Environmental Leadership in an Organization

Room 2041

Cami Sockow, Program Coordinator, Center for Sustainability, Georgia Southern University
During this workshop, participants will learn techniques to catalyze environmental change within their organization, Georgia Southern, or their career field. We will discuss different approaches to communicate about environmental topics, building partnerships to execute change, tangible talking points, and how to create an environmentally responsible culture within their organization. Within learning about building partnerships, participants will learn examples of emotional intelligence through communication and building relationships with partners.

Going from Trump Tweets to Swizz Beatz:

Providing Meaningful Feedback as a Leader

Room 2047

Alyssa Alonso, Doctoral Counseling Intern, Georgia Southern University

Have you ever found yourself dealing with a disruptive team member or a volatile subject? There are ways to guide these conflicts to make them productive instead of destructive. Sometimes there is no managing a conflict, this session will help you identify when that conflict is getting out of hand and when you need to end it.

The Power of Listening

Room 2080

Reginald Ungos, Facility Management Graduate Assistant, Campus Recreation and Intramurals, Georgia Southern University

Have you ever sat down to have a conversation with someone and really listened to the person telling you a story or experience? The skills of active listening, understanding another person's experience, and connecting with others are important in leadership. Attendees will learn the difference between listening and hearing and also increase their awareness of the relationship between listening skills and inclusivity.



Southern Walkers:

An Escape Adventure

Room 2048 and Room 2084